



Foundations Preschool of
Washtenaw County
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Reading Resource

Storyline Online is a great resource for children of all ages! Popular children's books are read out loud by celebrated actors. Check out *A Bad Case of Stripes*, it's one of our favorites!

<https://www.storylineonline.net/library/>



Family News Flash: Fun & Educational Ideas for the Whole Family!

Activities for Active Kids!

It's hard for everyone to stay cooped up all day. Toddlers and preschool age children are used to an active daily routine at school, which can make sitting at home hard. Next time everyone needs a movement break, head outside with some sidewalk chalk to create an easy obstacle course!



Photo Cred: Pinterest



Did you know?

A crocodile cannot stick its tongue out.



I'm bored! I'm hungry! What's for dinner?

The next time you hear those words, head to the kitchen to create a satisfying meal that the whole family can cook and enjoy together!

Extra Easy Lasagna

Ingredients:

- 1 pound ground round
- 4 cups tomato pasta sauce
- 6 uncooked lasagna noodles
- 1 (15 ounce) container ricotta cheese
- 2 cups (8 ounces) shredded mozzarella cheese
- ¼ cup hot water



Instructions:

1. Preheat the oven to 375 degrees.
2. Cook ground round in a big skillet over medium heat, stirring until it crumbles and is no longer pink; drain. Stir in pasta sauce.
3. Spread one third meat sauce in a lightly greased 9x13 inch baking dish. Arrange 3 uncooked noodles over sauce. Spread half of ricotta cheese over noodles; sprinkle with one third of mozzarella cheese. Do the same thing all over again; top with remaining meat sauce and mozzarella cheese.
4. Carefully pour ¼ cup hot water around inside edge of dish. Tightly cover with aluminum foil.
5. Bake at 375 degrees for 45 minutes. Uncover and bake 10 more minutes. Remove baking dish from the oven using oven mitts. Let stand 10 minutes before serving. Makes 6 servings.

(Recipe from [Kids' Cookbook: More than 100 recipes kids will love to make and love to eat](#))

This lasagna tastes great paired with a simple salad or side of vegetables!

Use the time that the lasagna is cooling to set the table. Children as young as 2 can help! Combine this easy task with math skills:

- ✓ Can you count how many forks and napkins you need?
- ✓ Are more people drinking milk or water with dinner?

Cooking together is a great way to practice self-help and math skills!